CO1 COMPENDIUM CENTRUM EDUKACYJNE

Training: F5
Configuring BIG-IP F5 Advanced WAF

TRAINING GOALS:

In this 4 day course, students are provided with a functional understanding of how to deploy, tune, and operate F5 Advanced Web Application Firewall to protect their web applications from HTTP-based attacks.

The course includes lecture, hands-on labs, and discussion about different F5 Advanced Web Application Firewall tools for detecting and mitigating threats from multiple attack vectors such web scraping, Layer 7 Denial of Service, brute force, bots, code injection, and zero-day exploits.

Course Objectives

- Describe the role of the BIG-IP system as a full proxy device in an application delivery network
- Provision F5 Advanced Web Application Firewall resources
- Define a web application firewall
- Describe how F5 Advanced Web Application Firewall protects a web application by securing file types, URLs, and parameters
- Deploy F5 Advanced Web Application Firewall using the Rapid Deployment template (and other templates) and define the security checks included in each
- Define learn, alarm, and block settings as they pertain to configuring F5 Advanced Web Application Firewall
- Define attack signatures and explain why attack signature staging is important
- Contrast positive and negative security policy implementation and explain benefits of each
- Configure security processing at the parameter level of a web application
- Use an application template to protect a commercial web application
- Deploy F5 Advanced Web Application Firewall using the Automatic Policy Builder
- Tune a policy manually or allow automatic policy building
- Integrate third party application vulnerability scanner output into a security policy
- Configure login enforcement and session tracking
- Configure protection against brute force, web scraping, and Layer 7 denial of service attacks
- Implement iRules using specific F5 Advanced Web Application Firewall events and commands
- Use Content Profiles to protect JSON and AJAX-based applications
- Implement Bot Signatures
- Implement Proactive Bot Defense

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Audience:
this course is intended for security and network administrators who will be responsible for the installation, deployment, tuning, and day-to-day maintenance of the F5 Advanced Web Application Firewall.

CONSPECT:

- Setting Up the BIG-IP System
    - Introducing the BIG-IP System
    - Initially Setting Up the BIG-IP System
    - Archiving the BIG-IP System Configuration
    - Leveraging F5 Support Resources and Tools

- Traffic Processing with BIG-IP
    - Identifying BIG-IP Traffic Processing Objects
    - Overview of Network Packet Flow
    - Understanding Profiles
    - Overview of Local Traffic Policies
    - Visualizing the HTTP Request Flow

- Web Application Concepts
    - Overview of Web Application Request Processing
    - Web Application Firewall: Layer 7 Protection
    - F5 Advanced WAF Layer 7 Security Checks
    - Overview of Web Communication Elements
    - Overview of the HTTP Request Structure
    - Examining HTTP Responses
    - How F5 Advanced WAF Parses File Types, URLs, and Parameters
    - Using the Fiddler HTTP Proxy

- Common Web Application Vulnerabilities
    - A Taxonomy of Attacks: The Threat Landscape
    - What Elements of Application Delivery are Targeted?
    - Common Exploits Against Web Applications

- Security Policy Deployment
    - Defining Learning
    - Comparing Positive and Negative Security Models
    - The Deployment Workflow
    - Policy Type: How Will the Policy Be Applied
    - Policy Template: Determines the Level of Protection

- Policy Templates: Automatic or Manual Policy Building
- Assigning Policy to Virtual Server
- Deployment Workflow: Using Advanced Settings
- Selecting the Enforcement Mode
- The Importance of Application Language
- Configure Server Technologies
- Verify Attack Signature Staging
- Viewing Requests
- Security Checks Offered by Rapid Deployment
- Defining Attack Signatures
- Using Data Guard to Check Responses

- Policy Tuning and Violations
  - Post-Deployment Traffic Processing
  - Defining Violations
  - Defining False Positives
  - How Violations are Categorized
  - Violation Rating: A Threat Scale
  - Defining Staging and Enforcement
  - Defining Enforcement Mode
  - Defining the Enforcement Readiness Period
  - Reviewing the Definition of Learning
  - Defining Learning Suggestions
  - Choosing Automatic or Manual Learning
  - Defining the Learn, Alarm and Block Settings
  - Interpreting the Enforcement Readiness Summary
  - Configuring the Blocking Response Page

- Attack Signatures
  - Defining Attack Signatures
  - Attack Signature Basics
  - Creating User-Defined Attack Signatures
  - Defining Simple and Advanced Edit Modes
  - Defining Attack Signature Sets
  - Defining Attack Signature Pools
  - Understanding Attack Signatures and Staging
  - Updating Attack Signatures

- Positive Security Policy Building

- Defining and Learning Security Policy Components
- Defining the Wildcard
- Defining the Entity Lifecycle
- Choosing the Learning Scheme
- How to Learn: Never (Wildcard Only)
- How to Learn: Always
- How to Learn: Selective
- Reviewing the Enforcement Readiness Period: Entities
- Viewing Learning Suggestions and Staging Status
- Violations Without Learning Suggestions
- Defining the Learning Score
- Defining Trusted and Untrusted IP Addresses
- How to Learn: Compact

- Cookies and Other Headers
  - F5 Advanced WAF Cookies: What to Enforce
  - Defining Allowed and Enforced Cookies
  - Configuring Security Processing on HTTP headers

- Reporting and Logging
  - Overview: Big Picture Data
  - Reporting: Build Your Own View
  - Reporting: Chart based on filters
  - Brute Force and Web Scraping Statistics
  - Viewing F5 Advanced WAF Resource Reports
  - PCI Compliance: PCI-DSS 3.0
  - The Attack Expert System
  - Viewing Traffic Learning Graphs
  - Local Logging Facilities and Destinations
  - How to Enable Local Logging of Security Events
  - Viewing Logs in the Configuration Utility
  - Exporting Requests
  - Logging Profiles: Build What You Need
  - Configuring Response Logging

- Lab Project 1
- Advanced Parameter Handling
  - Defining Parameter Types
  - Defining Static Parameters

- Defining Dynamic Parameters
- Defining Dynamic Parameter Extraction Properties
- Defining Parameter Levels
- Other Parameter Considerations

- Policy Diff and Administration
  - Comparing Security Policies with Policy Diff
  - Merging Security Policies
  - Restoring with Policy History
  - Examples of F5 Advanced WAF Deployment Types
  - ConfigSync and F5 Advanced WAF Security Data
  - ASMQKVIEW: Provide to F5 Support for Troubleshooting

- Automatic Policy Building
  - Overview of Automatic Policy Building
  - Defining Templates Which Automate Learning
  - Defining Policy Loosening
  - Defining Policy Tightening
  - Defining Learning Speed: Traffic Sampling
  - Defining Track Site Changes

- Web Application Vulnerability Scanner Integration
  - Integrating Scanner Output into F5 Advanced WAF
  - Will Scan be Used for a New or Existing Policy?
  - Importing Vulnerabilities
  - Resolving Vulnerabilities
  - Using the Generic XML Scanner XSD file

- Layered Policies
  - Defining a Parent Policy
  - Defining Inheritance
  - Parent Policy Deployment Use Cases

- Login Enforcement, Brute Force Mitigation, and Session Tracking
  - Defining Login Pages
  - Configuring Automatic Detection of Login Pages
  - Defining Session Tracking
  - What Are Brute Force Attacks?
  - Brute Force Protection Configuration
  - Defining Source-Based Protection
  - Source-Based Brute Force Mitigations

- Defining Session Tracking
- Configuring Actions Upon Violation Detection
- Session Hijacking Mitigation Using Device ID

- Web Scraping Mitigation and Geolocation Enforcement
  - Defining Web Scraping
  - Mitigating Web Scraping
  - Defining Geolocation Enforcement
  - Configuring IP Address Exceptions

- Layer 7 DoS Mitigation and Advanced Bot Protection
  - Defining Denial of Service Attacks
  - The General Flow of DoS Protection
  - Defining the DoS Profile
  - Overview of TPS-based DoS Protection
  - Applying TPS mitigations
  - Create a DoS Logging Profile
  - Defining DoS Profile General Settings
  - Defining Bot Signatures
  - Defining Proactive Bot Defense
  - Defining Behavioral and Stress-Based Detection
  - Defining Behavioral DoS Mitigation

- F5 Advanced WAF and iRules
  - Common Uses for iRules
  - Identifying iRule Components
  - Triggering iRules with Events
  - Defining F5 Advanced WAF iRule Events
  - Defining F5 Advanced WAF iRule Commands
  - Using F5 Advanced WAF iRule Event Modes

- Using Content Profiles
  - Defining Asynchronous JavaScript and XML
  - Defining JavaScript Object Notation (JSON)
  - Defining Content Profiles
  - The Order of Operations for URL Classification

- Review and Final Labs
  - Final Lab Project (Option 1) – Production Scenario
  - Final Lab Project (Option 2) – JSON Parsing with the Default JSON Profile
  - Final Lab Project (Option 3) – Managing Traffic with L7 Local Traffic Policies

REQUIREMENTS:

There are no F5-technology-specific prerequisites for this course. However, completing the following before attending would be very helpful for students with limited BIG-IP administration and configuration experience:

- Administering BIG-IP instructor-led course

-or-

- F5 Certified BIG-IP Administrator

The following free web-based training courses, although optional, will be very helpful for any student with limited BIG-IP administration and configuration experience. These courses are available at **F5 University**:

- Getting Started with BIG-IP web-based training
- Getting Started with BIG-IP Application Security Manager (ASM) web-based training

The following general network technology knowledge and experience are recommended before attending any F5 Global Training Services instructor-led course:

- OSI model encapsulation
- Routing and switching
- Ethernet and ARP
- TCP/IP concepts
- IP addressing and subnetting
- NAT and private IP addressing
- Default gateway
- Network firewalls
- LAN vs. WAN

Difficulty level

CERTIFICATE:

The participants will obtain certificates signed by F5 Networks (course completion).

TRAINER:

Certified F5 Networks Trainer.